



NARCOTICS ANONYMOUS IRISH REGIONAL SECRETARY  
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Thank you for agreeing to share at IRCNA. We take this moment before the meeting to gather our thoughts and ask a loving higher power to help us in our primary purpose – carrying the message of recovery to the addict who still suffers.

As we can get nervous in this situation, we ask that you be mindful of the following:

To deliver a clear message of NA recovery by identifying yourself as an addict recovering from the disease of addiction.

To focus on your recovery through the NA program.

As it says in our Group Booklet: "It is not necessary to dwell excessively on our active addiction or war stories," because we all know what it was like to use. We came to Narcotics Anonymous to stop using and we are here to share our experience, strength and hope of recovery.

To be mindful that there may be children present in the room and to keep rude language and graphic descriptions to a minimum.

Also be mindful of language that may offend for any reason i.e. race, sexuality, religion, politics, life choices, etc.

Time – please keep an eye on this, and you will be reminded gently by the secretary if you have gone over time.

We hope it is a wonderful experience for you.

In the case of this meeting being recorded, we ask that you give your consent to this. Once recorded, these shares may be distributed throughout the NA fellowship and on NA websites.

Consent:

Witness:

Date: